



# DoCS DEIA Newsletter: September - December 2024 (Issue #3)



DoCS DEIA

## Upcoming DEIA Events

Register for upcoming DEIA events through [docshr.rutgers.edu](https://docshr.rutgers.edu). Login and click on the training tab to view and register for available sessions.

### [Building Inclusive Communities: Advocacy In Action](#)

- Date: September 25th
- Time: 12:00 - 2:00 pm

### [d/Deaf and Hard of Hearing](#)

- Date: October 2nd
- Time: 12:00 - 1:30 pm

### [Rutgers Seeing Eye Puppy Raising Club](#)

- Date: October 9th
- Time: 12:00 - 1:30 pm

### [Building Inclusive Communities: Building Trust Across Identities](#)

- Date: October 23rd
- Time: 12:00 - 2:00 pm

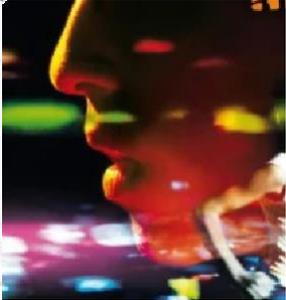
### Fundamentals Reflection Form

- Date: November 14th
- Time: 12:00 - 1:30 pm

### Building Inclusive Communities: Learning & Leading in Conflict

- Date: November 20th
- Time: 12:00 - 2:00 pm

## DEIA Film Series

		
<p>September 18th - Green Book (2018)</p>	<p>October 16th - Stamped from the Beginning (2023)</p>	<p>November 13th - Slu (2008)</p>

## Quick Facts About Monthly Awareness

### September - Suicide Prevention Month

- While Suicide Prevention Month is primarily recognized in the U.S., many countries around the world observe similar initiatives. For example, World Suicide Prevention Day is held on September 10 each year and is a key event in the global effort to address suicide prevention.
- **Wear Yellow:** Yellow is often associated with suicide prevention awareness, and people show their support by wearing yellow clothing or accessories throughout September. This simple act helps normalize conversations about mental health and reminds individuals that support is available

## October

### World Blindness Awareness Month

- According to the World Health Organization (WHO), 2.2 billion people globally have near or distance vision impairment, and 36 million are blind.
- There are many causes of blindness, including refractive error, cataracts, glaucoma, and diabetic retinopathy. The WHO estimates that about 80% of all cases of blindness are preventable. This means that with proper screenings and treatment, we can significantly reduce the number of blind or visually impaired people.

### Breast Cancer Awareness Month

- **1 in 8 women** in the United States will be diagnosed with breast cancer in her lifetime. In 2024, an estimated **310,720 women and 2,800 men will be diagnosed with invasive breast cancer.**
- The entire month is often referred to as “Pink October” due to the widespread use of pink ribbons and pink-themed events. Buildings, landmarks, and even sports teams often turn pink to show their support.

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## November - Diabetes Awareness Month

- Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It affects about 37 million Americans, including adults and youth.
- But there’s also good news: Taking charge of your health may help you prevent diabetes health problems. Research shows that managing your diabetes as soon as possible after diagnosis may help prevent diabetes health problems. You can start by managing your diabetes ABCs.

## December - Universal Human Rights Month

- The United Nations' Human Rights Day is annually observed December 10 to mark the anniversary of the presentation of the *Universal Declaration of Human Rights*.
- *The Universal Declaration of Human Rights* was drafted between January 1947 and December 1948. It aimed to form a basis for human rights all over the world.
- *The Universal Declaration of Human Rights* is considered the most translated document in modern history. It is available in more than 360 languages and new translations are still being added.

## Announcements

### Do You Have a Story to Share?

We believe that everyone has a unique story that can inspire, teach, and connect us. If you have experiences or insights related to diversity, equity, inclusion, and accessibility that you'd like to share, we'd love to hear from you. Your story could be featured in our next newsletter, helping to broaden perspectives and strengthen our community. If you're interested, please reach out to us at [deia@docs.rutgers.edu](mailto:deia@docs.rutgers.edu).

### Food Donation Drive

Let's keep the giving spirit alive by contributing to our year-long food drive. Whether it's a can of soup or a bag of rice, every donation makes a meaningful difference in someone's life. Together, we can make a positive impact on our community.

**At this time, with your support we have reached 63% of our goal!**

To view the LLC second and third floor status donation tracker please [click here](#).

## DEIA Resources

[Volunteer Opportunities](#)

[DEIA University Events &...](#)

[DEIA Library](#)

[DEIA Cultural Cookbook](#)